# The Richmond Hill High School Family Bulletin Week of February 27, 2023





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Tamara Gord, <u>Tamara.gord@yrdsb.ca</u> **Superintendent:** Erik Khilji **Trustee:** Crystal Yu

"The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively."

### - Bob Marley

### What's Happening This Week at RHHS

This Week	Next Week
Monday, February 27  ● Ted Ed Event  ● School Council	Monday, March 6
Tuesday, February 28	Tuesday, March 7
Wednesday, March 1  ●	Wednesday, March 8  ●
Thursday, March 2  ●	Thursday, March 9  ●
Friday, March 3  ●	Friday, March 10 ●

### **★ RHHS SCHOOL COUNCIL PRESENTS:**





What students need to know about money ... and how families can help prepare them for financial independence For families and students

Please join us for the Live Presentation:



Monday, February 27 | 7:00pm

Richmond Hill High School 201 Yorkland St. Richmond Hill

Please register here



In this live event cofounder of Enriched Academy, Kevin Cochran, will share his story and talk about what students need to know about money and what parents can do to help prepare them for financial independence.

A live Q&A session will follow the presentation.







#### ★ Art Show and Sale:

The RHHS Art Council is organizing an art show and sale after school on April 20th. Any student interested in joining the art show is asked to join the Google Classroom (code **bpmbljw**). If you have any questions please contact Ms. Chan Simao.

### **★** Governor General's History Award for Excellence in Teaching:

Know a Teacher Who Made a Difference? <u>Nominations</u> for the Governor General's History Award for Excellence in Teaching are now open!

### **★** The Centre for Black Student Excellence Newsletter:

■ SC-Newsletter-March.pdf

#### **★** Host Families Needed - International Visa Students:

Host families are needed to offer homestay accommodation to international visa students. The experience of hosting can be a once in a lifetime experience for your family.

Are you able to offer a caring home environment to a YRDSB international student? Remuneration (monthly stipend) is available to families to cover the cost of hosting. Hosting opportunities are available from two well-known organizations, approved by YRDSB. These organizations can support you every step of the way. Both <a href="Canada Homestay Network">Canada Homestay Network</a> and <a href="MLI">MLI</a> Homestay offer additional information online.

These opportunities are available broadly to YRDSB staff, and members of school communities.





# **Navigating through Negative Self-Talk**

Let's talk about it!

Children do not come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

March 8, 2023 | 10:00 a.m. - 11:30 a.m.

We welcome parents, guardians, caregivers and community members to attend this virtual session!

### **Register Today!**

It can be hard to hear your child talk negatively about themselves, but you can support them to manage it so they can work through their feelings.

This session will focus on how to ensure a safe and engaging environment for children with strategies to:

- Learn how to help your child/tween
- · Understand and manage their emotions
- · Learn to apply reasons and logic
- Learn to self-evaluate and seek help when required

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



This free presentation for parents and caregivers is brought to you through a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more information, please contact Oksana Majaski,

Community & Partnership Developer, YRDSB via email at Oksana.majaski@yrdsb.ca.





# RAISING RESILIENT CHILDREN

### Let's talk about it!

Children do not come with an instruction manual! Many familiar parenting concerns have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in many different types of situations.

March 1, 2023 | 6:30 p.m. - 8:00 p.m.

We welcome parents, guardians, caregivers and community members to attend this virtual session!

## **Register Today!**

This session will focus on how to ensure a safe and engaging environment for children with strategies to:

- Recognize and accept feelings
- Express their feelings appropriately
- Build positive feelings
- · Deal with negative feelings
- · Deal with upsetting or stressful life events

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



This free presentation for parents and caregivers is brought to you through a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more information, please contact Oksana Majaski,

YRDSB Community & Partnership Developer, via email at Oksana.majaski@yrdsb.ca

### ★ Secondary Students COVID Screening:

All school-based staff and secondary students and visitors are required to complete a daily self-assessment screening.

Secondary students to complete on-line self-assessment <u>COVID-19 School and Child-Care Screening Tool</u> prior to entering the school on a daily basis.

### **School Reminders**

Daily School Schedule	
Class	Time
Period 1	8:50 – 10:05
Homeroom/Announcements	10:05 – 10:10
Period 2(1st Lunch)	10:15 – 11:30
Period 3 (2nd Lunch) - Grade 9s	11:35 – 12:50
Period 4 (3rdLunch) - Grade 10s	12:55 – 2:10
Period 5	2:15 - 3:30

RHHS School Council	
Upcoming Dates	Information
<ul> <li>Monday February 27, 2023</li> <li>Monday March 20, 2023</li> <li>Monday May 15, 2023</li> </ul>	<ul> <li>Meetings will be held in the school library and also <u>virtually</u>. The meeting ID is 294 102 167 612 and the passcode is MLYa4s.</li> <li>Meetings start at 7:00 PM</li> </ul>

#### **RHHS on Social Media**

- TWITTER: <a href="https://twitter.com/rhhs\_yrdsb?lang=en">https://twitter.com/rhhs\_yrdsb?lang=en</a> (School)
  <a href="https://twitter.com/rhhs\_stuco?lang=en">https://twitter.com/rhhs\_stuco?lang=en</a> (Student Council) @RHHSLearningCo1 (Library)
- INSTAGRAM: rhhs\_yrdsb (School)rhhs\_stuco (Student Council) rhhsllc (Library)
- WEBSITE: www.yrdsb.ca/schools/richmondhill.hs/Pages/default.aspx (School) www.rhhsstuco.ca (Student Council)

### **Absence Policy**

- VALID ABSENCES include illness, bereavement or family emergency.
- AUTHORIZED ABSENCES include dentist/doctor appointments, driver's test, and court appearances.
- **EXCUSED ABSENCES** refer to field trips and school sanctioned events. Students are still considered to be at school.
- EXTENDED ABSENCES of three days or more require the completion of a "Special Leave" form at least one week in advance of the leave. This form may be obtained from the Main Office. A parent/guardian signature is required. It is the student's responsibility to catch up on all work missed. DO NOT plan absences or family vacations during culminating and exam periods as the evaluations CANNOT be rescheduled.

Type of Absence	Parent/Guardian Responsibility
Absent for a Full Day	Phone the school with a valid reason the same day or send a note
	upon return
Absent for One or More	Phone with valid reason indicating the time of absence or send a
Classes	note with the student
Leaving Before the End of the	Student signs out in attendance office with a note from the
Day	parent/guardian
In the Event of an Emergency	Contact the office as soon as possible.

For safety reasons, students who have signed out must leave the building as they will not be directly supervised



This reporting feature can be found on our school and Board website. It is meant for 'non-emergency' reporting as it is not monitored 24 hours per day - if a student needs immediate assistance or counseling please contact Kids Help Phone or 911.

You are encouraged to discuss incidents of bullying by other students with your family and a trusted member of staff at the school. Completing a report online is not a substitute for having a discussion with the teacher or Principal. Any incidents involving staff members should immediately be communicated to the Principal or Superintendent of the school and are not to be reported online; any staff reports submitted online will be deleted.

We teach our students that character matters. Every day, students exhibit these positive character traits, and we acknowledge these students in many ways. If you witness a student doing something that exhibits extreme acts of courage, initiative, respect, responsibility, empathy, fairness, honesty, optimism or any other outstanding behaviour, please let us know.

Click on the "Report It" button above for a direct link to the "Report It" site.

### **Mental Health Newsletters/Tip Sheets for Parents**

Resources and Newsletter for Mental Health Supports for Parents from YRDSB